



## Community Foundation Fitness Challenge April 22nd to May 20th 2022

**Goals:**

- To get active and record how many times we can travel from Vanderhoof to Kiev in the Ukraine.
- To raise money for the Vanderhoof Community Foundation and the Ukrainian people.

Both individuals and teams can participate. Participants can walk, run, swim, cycle, roller blade, ski - anyway that one can track kilometres. Kilometres reported on the honour system. Teams can include any number of family, friends, co-workers, classmates or any other group can include residents from anywhere in the world. Teams are encouraged to come up with a catchy name and challenge others they know in a friendly rivalry for kms covered or money raised.

Back this year - gift baskets - thanks to the generosity of local businesses!

**First Draw - Riverside Park April 22,2022 at 6:00pm.**

We will have an event to kick off our challenge. All are welcome!

Weekly draw every Monday at 6:00pm following receipt of kms for that week. Will be announced Tuesday am. Registration will begin on April 12th, 2022. Forms are available online at <https://vhfcf.org> and at Earthen Ware. Return completed registration by email to [legacy@vhfcf.org](mailto:legacy@vhfcf.org) or drop off at Earthen Ware.

**Minimum Payment:**

Families: \$21.00

Youth Groups or Classes: \$21.00

Adults: \$10.00

- \* In order to receive a tax receipt, donations must be at least \$21.00. Please note the receipt issued will be for \$1 less than amount donated. This is necessary to adhere to tax regulations and enable the donor to be eligible for the random draws.

**Method of Payment:**

- Cash or cheque payable to Vanderhoof Community Foundation dropped off at Earthen Ware in Vanderhoof (place in envelope with name, phone and email)
- eTransfer to [legacy@vhfcf.org](mailto:legacy@vhfcf.org) (Security Question Answer: Ukraine)

**Registration Form:**

Name	Phone #
Team Name (if applicable)	Team Captain Name
Amount Donated	Team Captain Email
Method of Payment	Cheque                      Cash                      eTransfer